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**ELEVENTH SUNDAY AFTER  
PENTECOST  
August 4, 2024  
10:00 a.m.**

The Right Reverend Peter Eaton, Bishop

The Very Reverend Cori Olson, Rector

The Reverend Sonley Joseph, Priest

The Reverend Bob Sullivan & The Reverend April Alford-Harkey, Deacons

Christie Scalera, Acolyte & Reader

Linda Sullivan, Reader

Kelly Boudle & Mary Jones, Ushers

Mary Nelson, Organist

James Balmer, Choir Director

Bama Lutes Deal – AVL Board

Chuck Jackson, Vestry Person of the Day

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***\*\*Altar flowers in Honor of Louann Hadsell's Birthday from Barbara Hadsell\*\****

## Hymn Sing

### Welcome

#### Processional Hymn #390 – Praise to the Lord, the Almighty

[1] *“Praise to the Lord, the Almighty, the King of creation: O my soul, praise him, for he is thy health and salvation: join the great throng, psaltery, organ, and song, sounding in glad adoration.”*

[2] *“Praise to the Lord; over all things he gloriously reigneth: borne as on eagle wings, safely his saints he sustaineth. Hast thou not seen how all thou needest hath been granted in what he ordaineth.”*

[3] *“Praise to the Lord; who doth prosper thy way and defend thee; surely his goodness and mercy shall ever attend thee; ponder a new what the Almighty can do, who with his love doth befriend thee.”*

[4] *“Praise to the Lord! O let all that is in me adore him! All that hath life and breath come now with praises before him! Let the amen sound from his people again; gladly forever adore him.”*

### Acclamation

*Celebrant*   Blessed be God: Father, Son, and Holy Spirit.

*People*       And blessed be God's kingdom, now and forever. Amen

## THE LITURGY OF THE WORD

*Celebrant*   Almighty God, to you all hearts are open, all desires known and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of you Holy Spirit, that we may perfectly love you, worthily magnify your holy Name; through Jesus Christ our Lord.  
**Amen.**

### The Gloria – S280

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you; we give you thanks,  
we praise you for your glory.

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God, the Father. Amen**

### **The Collect of the Day**

*Celebrant* The Lord be with you.

*People* **And also with you,**

*Celebrant* Let us pray.

LET YOUR CONTINUAL MERCY, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns, with you and the Holy Spirit, one God, now and forever. ***Amen.***

### **The Lessons**

#### **A Reading from Exodus, chapter 16, verses 2-4, 9-15**

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.”

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’ ” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning, you shall have your fill of bread; then you shall know that I am the LORD your God.’ ”

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

*Reader* Here ends the lesson.

### **Psalm 78:23-29**

- 23 So he commanded the clouds above \*  
and opened the doors of heaven.
- 24 He rained down manna upon them to eat \*  
and gave them grain from heaven.
- 25 So mortals ate the bread of angels; \*  
he provided for them food enough.
- 26 He caused the east wind to blow in the heavens \*  
and led out the south wind by his might.
- 27 He rained down flesh upon them like dust \*  
and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp \*  
and round about their dwellings.
- 29 So they ate and were well filled, \*  
for he gave them what they craved.

### **A Reading from the Book of Ephesians, chapter 4, verses 1-16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace.

There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift.

Therefore it is said,

"When he ascended on high he made captivity itself a captive;  
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

**Gradual Hymn #711 – Seek Ye First the Kingdom of God**

[1] ***“Seek ye first the Kingdom of God and its righteousness, and all these things shall be added unto you; Allelu, alleluia! Alleluia, alleluia, alleluia! Allelu, alleluia!” REPEAT***

**The Holy Gospel** of our Lord Jesus Christ according to John

*People* ***Glory to you, Lord Christ***

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

**The Gospel of the Lord.**

*People Praise to you Lord Christ*

[2] ***“Ask, and it shall be given unto you, seek, and ye shall find. Knock, and the door shall be opened unto you; Allelu, alleluia! Alleluia, alleluia, alleluia! Allelu, alleluia!” REPEAT***

**The Sermon**

**Dean Cori Olson**

**The Nicene Creed**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.**

**Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **The Prayers of the People – Form VI**

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work.

***For our families, friends, and neighbors, and for those who are alone.***

For this community, the nation, and the world.

***For all who work for justice, freedom, and peace.***

For the just and proper use of your creation.

***For the victims of hunger, fear, injustice, and oppression.***

For all who are in danger, sorrow, or any kind of trouble.

***For those who minister to the sick, the friendless, and the needy.***

For the peace and unity of the Church of God.

***For all who proclaim the Gospel, and all who seek the Truth.***

For our Presiding Bishop, Michael and our Bishop, Peter; and for all bishops and other ministers.

***For all who serve God in his Church***

For the special needs and concerns of this congregation.

**Please remember in your prayers:**

*Henrietta, Stefone, Hank, Dominic, Mary, Jason, Debbie & Jim, Jim K., John O., Barbara, Joan, Scott, Sergio, Selvyn & Winnifred, Lester & Ronnie, Susan, Karen, Janet, Ronna, Anne, Rick, Gary, Patti, Jean, Tommie, Laura B., David B., Wallace L., Jeff, Margaret L., Alison, Francesca, Matteo, Mike, Luz, Harriet, Bonnie, Alicia, Beverly, Christine, Larry & Gordon, Stacey, Dave, Deacon April, Deacon Pat. Please pray also for our companion Dioceses: Cuba, Dominican Republic, Haiti, Madagascar & Toliare.*

*\*\*We remember today, Henrietta Pemberton's son, Rupert Edwards, who passed away one year ago.\*\**

Hear us, Lord;  
**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

We will exalt you, O God our King;  
**And praise your Name forever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

Lord, let your loving-kindness be upon them.

**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Leader and People*

***Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so, uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.***

*The Celebrant concludes with an absolution or a suitable Collect.*

**The Peace/Announcements/Welcome of Visitors/Blessings for Teachers**

*Celebrant The peace of the Lord be always with you  
People And also with you.*

**The Holy Communion**

## Offertory Hymn #671 – Amazing Grace

- [1] *“Amazing grace! how sweet the sound, that saved a wretch like me! I once was lost but now am found, was blind but now I see.”*
- [2] *“’Twas grace that taught my heart to fear, and grace my fears relieved; how precious did that grace appear the hour I first believed!”*
- [3] *“The Lord has promised good to me, his word my hope secures; he will my shield and portion be as long as life endures.”*
- [4] *“Through many dangers, toils, and snares, I have already come; 'tis grace that brought me safe thus far, and grace will lead me home.”*
- [5] *“When we've been there ten thousand years, bright shining as the sun, we've no less days to sing God's praise than when we'd first begun.”*

**Doxology: Praise God from whom all blessings flow.**

*Praise Him all creatures here below.*

*Praise Him above the heavenly host.*

*Praise Father, Son and Holy Ghost.*

## The Great Thanksgiving

*The people remain standing. The Celebrant faces them and says: The Lord be with you.*

*People      And also with you.*

*Celebrant   Lift up your hearts.*

*People      We lift them to the Lord.*

*Celebrant   Let us give thanks to the Lord our God.*

*People      It is right to give him thanks and praise.*

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

***Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.***

***Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.***

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

*Celebrant and People*

***Christ has died.***

***Christ is risen.***

***Christ will come again.***

*The Celebrant continues.*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. ***AMEN.***

And now as our Savior Christ has taught us, we are bold to sing,

*Our Father, who art in heaven, hallowed be thy Name.*

*Thy kingdom come thy will be done on earth as it is in heaven.*

*Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever and ever. Amen*

**The Breaking of the Bread – silence is kept**

*Celebrant* Alleluia! Christ our Passover is sacrificed for us.

*People* Therefore let us keep the feast. Alleluia!

**Agnus Dei – S163**

*Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.*

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## First Communion Hymn #151 – One Bread, One Body

[Refrain] *“One bread, one body, one Lord of all. One cup of blessing which we bless. And we, though many, throughout the earth, we are one body in this one Lord.”*

[1] *“Gentile or Jew, servant or free, woman or man, no more.”*

[Refrain]

[2] *“Many the gifts, many the works, one in the Lord of all.”*

[Refrain]

[3] *“Grain for the fields, scattered and grown, gathered to one for all.”*

[Refrain]

## Second Communion Hymn #196 – Leaning on the Everlasting Arms

[1] *“What a fellowship, what a joy divine, leaning on the everlasting arms; What a blessedness, what a peace is mine, Leaning on the everlasting arms.”*

[Refrain] *“Leaning, leaning, safe and secure from all alarms; Leaning, leaning, Leaning on the everlasting arms.”*

[2] *“O how sweet to walk in this pilgrim way, leaning on the everlasting arms; O how bright the path grows from day to day, Leaning on the everlasting arms.”*

[Refrain]

[3] *“What have I to dread, what have I to fear, leaning on the everlasting arms; I have blessed peace with my Lord so near.”*

[Refrain]

## Day by Day - #654

*“Day by day, dear Lord, of thee three things I pray: to see thee more clearly, love thee more dearly, follow thee more nearly, day by day.”*

## Post Communion Prayer

Let us pray.

**Eternal God, heavenly Father,**  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.

**Send us now into the world in peace,**  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord.

**Amen**

## The Blessing

### Recessional Hymn #473 – Lift High the Cross

[Refrain] *“Lift high the cross, the love of Christ proclaim till all the world adore his sacred Name.”*

[1] *“Led on their way by this triumphant sign, the hosts of God in conquering ranks combine.”*

[Refrain]

[2] *“Each newborn servant of the Crucified bears on the brow the seal of him who died.”*

[Refrain]

[3] *“O Lord, once lifted on the glorious tree, as thou hast promised, draw the world to thee.”*

[Refrain]

[4] *“So shall our song of triumph ever be: praise to the Crucified for victory.”*

[Refrain]

## Dismissal

*Postlude – Toccata on “A Mighty Fortress Is Our God” ..... R. Evan Copley*

## Announcements

**\*\*If you need personal prayer, Deacon Bob Sullivan will be available to pray with you near the altar after the service.**

**In case of emergency, call Rev. Cori at 561.788.5125**

### **MURDER AT LIAM'S PLACE IS SOLD OUT!!!**

**However, we are happy to repeat the performance (without dinner) on Sunday,  
August 11 at 2:00 PM,**

**IF we can get more than 25 people to attend. Admission is \$20 at the door, and you must speak to Kelly Boudle or call the office to sign up by Thursday, August 8.**

**Thanks to our wonderful cast for their willingness to do this extra show!**

**\*\*\*There will be NO Integrity Potluck Supper on August 10.\*\*\***

**Special 15<sup>th</sup> Anniversary Taize Service** will be held on Saturday, August 17, at 4:30, followed by a celebratory Potluck supper. Our founder, Deacon Patricia Masterman will be joining us for this joyful occasion. If you will be contributing to the Potluck, please contact Margot Emery at [margot@coreensemble.org](mailto:margot@coreensemble.org), or call the office.

**Reading Together** – Please join Rev. Cori on Thursday, September 12<sup>th</sup> at 11:30a.m. in the Parish Hall to discuss the book, ‘The Four Winds’ by Kristin Hannah. Bring a brown bag lunch or a snack to share. See Rev. Cori for more information.

Want to donate **altar flowers** in memory of a loved one or in celebration? Sign up in the Parish Hall or call Barbara Hadsell at 561-635-8809.

The Daughters of the King meet **the first Sunday of each month** following the service. Prayer request cards and the travel-size toiletry donation basket are in the Narthex.

The Daughters of the King are asking for **donations of new and/or used backpacks** for our guests at Way Café. Please drop them off in the Narthex when you come to services or bring them to the office. Thank you!

**Sunday School** resumes on August 18<sup>th</sup>!

**Care Committee:** The committee the third Sunday of the month after coffee hour. If you or someone you know is in need of prayers, visits, or other assistance, we encourage you to contact us by email at [care@standrewslwb.org](mailto:care@standrewslwb.org), or by calling either Brian McDonnell at 561.339.0147, or Alison Albury at 315.681.8867 to arrange assistance.

**The Way Café is looking for food donations for our outdoor food pantry.** You can either place items directly in the food pantry, located on N. Palmway, or leave them in the Narthex.

Thank you!

### **Christian Education Opportunities**

Bible Study with Deacon Bob on Sundays at 9:00a.m. and with Rev. Cori on Wednesdays immediately following the 10:00a.m. service and on Wednesdays at 6:00p.m. via Zoom with Rev. Cori. **We have begun studying the Book I Corinthians.**

We have **bulletins and crayons for children** available! Please see the ushers.

**2024 Pledge Cards** are available in the Narthex.

**Mon-Fri:** Join Rev. Cori for Morning Prayer at 7:30 a.m. live on Facebook.

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